





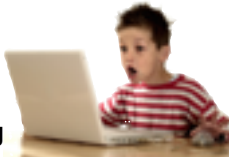


Fine Motor Developmental Milestones

| Age | Developmental Milestone |
|---------------|---|
| 4-8 months | <ul style="list-style-type: none"> ● Reaches for objects ● Picks up and holds on to objects such as 1" block ● Shakes rattle ● Picks up small objects with raking motion ● Holds larger objects using two hands but with poor control ● Begins to transfer objects from one hand to another ● Can bring hands to mouth and puts objects in mouth  |
| 8 - 12 months | <ul style="list-style-type: none"> ● Uses a mature pincer grasp to pick up small objects ● Transfers objects from one hand to the other smoothly ● Voluntarily releases objects but poorly controlled ● Throws, bangs and dumps objects |
| 1-2 years | <ul style="list-style-type: none"> ● Has controlled release of objects ● Stacks five 1" blocks ● When given a crayon will scribble ● Can put blocks into and out of a container ● Can point with index finger ● Drinks from a cup independently and can finger feed ● Can clap hands and use two hands to carry objects  |
| 2 - 3 years | <ul style="list-style-type: none"> ● Can move objects from palm of hand to fingers without help from other hand ● Can use two hands to open simple container with lid ● Can string large beads ● Copies a line ● Holds crayon with thumb and fingers (not fist) ● Snips with scissors ● Turns pages of a book  |
| 3 - 4 years | <ul style="list-style-type: none"> ● Builds tower with 9 small blocks ● Uses a mature tripod grasp with crayon ● Colour inside the lines ● Copies simple shapes (circle and cross) ● Uses non-dominant  |
| 4 - 5 years | <ul style="list-style-type: none"> ● Can do simple fasteners such as large buttons, uses hands well to dress and undress ● Learns to tie shoes ● Learns to print name ● Copies all letters and numbers ● Can copy square ● Handedness is well established ● Completes puzzles up to 20 pieces  |

| Age | Developmental Milestone |
|--------------|--|
| 5 - 6 years | <ul style="list-style-type: none"> • Cuts on the lines and cuts out simple shapes • Copies a triangle • Uses wrist and fingers to generate movement when colouring • Glues appropriately • Can draw a person with 2-4 parts • Can brush teeth and hair  |
| 6 - 7 years | <ul style="list-style-type: none"> • Consistently writes on the lines • Correctly forms most letters and numbers • Increased endurance for writing • Enjoys building with construction toys such as lego and kind |
| 7 - 10 years | <ul style="list-style-type: none"> • Learns cursive writing • Creates intricate drawings • Can cut small shapes with scissors • Can tie knots • Proficient with eating utensils • Uses computer keyboard and mouse but without proper technique for typing  |